



THE WEEKLY MEMO

2022-2023, Issue #35 - June 5, 2023- Editors: Angie Salazar & Ashley Clayton

Mission Statement

Southern Oregon Head Start prepares all children and their families for success in school and throughout life.

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Meetings and Trainings

June 5 — Monday

- 9:30-12:30 Hold for EHS Interviews, Library

June 6 — Tuesday

- 9:00-10:00 Hold for Family Advocate Interviews, Library
- 9:00-11:00 Directors Meeting, Blue Building Conf. Rm.
- 1:30-2:30 PC Executive Committee Meeting, Teams

June 7 — Wednesday

- 9:00-10:00 New SM Cohort, Virtual
- 9:00-10:30 FA Check-In, Library
- 9:00-10:30 Follow-Up Staffing & Planning, Blue Building Conf. Rm.
- 11:30-1:30 Main Office End of Year Celebration, TBD
- 4:00-5:00 Early Childhood Advisory Committee, Teams

June 8 — Thursday

- 8:30-9:30 Health Dept. Meeting, Library
- 10:30-12:00 FA Check-In, Library

June 9 — Friday

- 1:00-2:30 Hands-On CPR, Blue Building Conf. Rm.
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Please don't forget to fill out the End of Year Survey!!



<https://forms.office.com/Pages/ResponsePage.aspx?id=9dowdGmBeUy8DI2aguVm1xAlAbQ0GlXMTauJK9UE50dUMkxaNE05WFE0VklFQVVCQkplIQiAwTIJDUS4u>

Weekly Memo Submission

Please send your PDF's, jpegs, and text to

Angie Salazar-

asalazar@socfc.org

By Thursday @ 12 p.m.

El Día de los Niños/ Children's Day Celebration

April 28, 2023 at Phoenix Elementary School Playground.

58 families/220 participants



El Día de los Niños was originally established to commemorate Mexico's acceptance of the Geneva Declaration of the Rights of the Child (an international document protecting child rights and adopted by the League of Nations in 1924). Mexico President Álvaro Obregón signed on to this declaration on April 30, 1925. Widely celebrated across Latin American, this day now also incorporates a focus on children's literacy - essential for a bright future for every child.

This family celebration was held on a gorgeous spring day and we had a festive, circus/carnival theme. Most staff were dressed as clowns to add to the fun!





Guests enjoyed tacos with all the fixings, carnival games like ring-toss and cup-stacking with prizes, hilarious sack races, and piñatas for big and little kids.





Many working parents took the afternoon off work so they could celebrate this special day together in community. It was a joy to see everyone there!



A true celebration of being a kid, surrounded by a caring community!





Thanks to Phoenix Elementary School, Rogue Community Health, The Walker Fund of the Oregon Community Foundation, The Ford Family Foundation, Oregon Department of Education and all of our supporters who helped make this special event happen!

VALUES AWARD NOMINATIONS!

Each year staff will nominate individuals for **Values Awards** moving forward. You have the opportunity to nominate someone who resembles the Overall Values Leader or individuals who represent one of the following values:

- * Teamwork
- * Transparent Respectful Communication
 - * Safe and Responsive Culture
 - * Compassionate Inclusivity, or
 - * Integrity & Accountability.

If there is someone who is sticking out to you that has represented a certain value or all of the values all year please nominate them! This will be awarded at Pre-Service.

Please use the link down below to nominate your fellow teammates!!

<https://forms.office.com/Pages/ResponsePage.aspx?id=9dowdGmBeUy8DI2aguVmlxAIAbQOGlxMtawJk9UE50dU0VJFSEVHQjZVOVAwNjlnJN-FJDUTFPQlhMRi4u>



Yogurt Popsicles



Ingredients

- 1 quart low-fat **vanilla yogurt**
- 1 can frozen **orange juice concentrate** (6 ounce can)


Directions

1. Wash hands with soap and water.
2. Stir all the ingredients together.
3. Spoon into 24 popsicle molds or small waxed paper cups. Insert wooden craft sticks in the center of each popsicle.
4. Freeze about 2 to 3 hours depending on the size of the popsicle.
5. Refrigerate or freeze leftovers within 2 hours.

Notes

- For variety, substitute any other frozen juice concentrate such as grape, raspberry or pineapple or use fruited yogurts.
- Children can: open the juice, stir things together, use a spoon to fill small cups, and put the sticks in.

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Makes: 24 popsicles
Prep time: 5 minutes
Chill time: 2 to 3 hours



- Hide nutrition box
- Hide recipe notes

Nutrition Facts

12 servings per container	
Serving size	2 popsicles (96g)
Amount per Serving	
Calories	90
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 55mg	2%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 1mcg	6%
Calcium 145mg	10%
Iron 0mg	0%
Potassium 265mg	6%
Vitamin A 12mcg	1%
Vitamin C 21mg	24%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.