

THE WEEKLY MEMO

Program Year 2023-2024
April 29, 2024 / Volume #31

OUR AGENCY VALUES

Transparent Respectful
Communication



Compassionate Inclusivity



Teamwork



Integrity & Accountability



Safe & Responsive Culture

OUR MISSION:

Southern Oregon Head Start prepares all
children and their families for success in school
and throughout life.

WEEKLY MEMO SUBMISSIONS:

If you would like your submission to be
shown in the following issue please submit
any pdf's, jpegs, and text to
Angie Salazar — asalazar@socfc.org
by Thursday at 12 p.m.

A teacher
takes a hand,
opens a mind, and
touches a heart.

- Unknown



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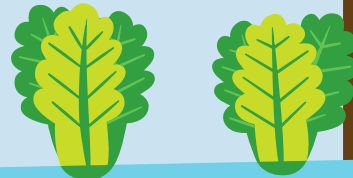
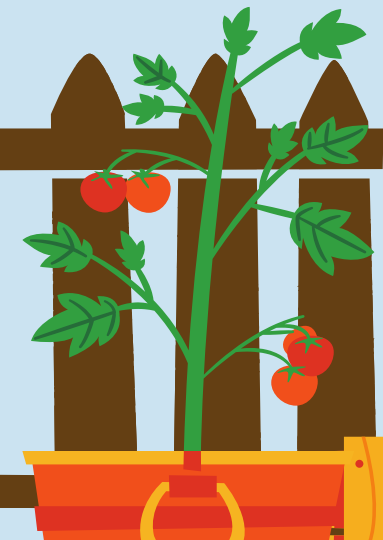
- 2) Gardening at RRI
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- 13) National Asian American & Pacific Islander Heritage Month
- 14) May is Jewish American Heritage Month
- 15) May is Mental Health Awareness Month
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- 20) 10 Fun Facts about Space
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Gardening at Rogue River!

Rogue River has been having a lot of fun in the sun caring for our garden and exploring what we have grown.



Submitted by: Allyson McCan



Ants on a Log at RDW AM Class

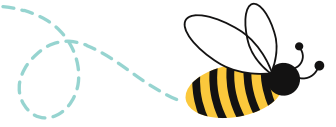
We made ants on a log with Cook Dori, thank you Dori!!



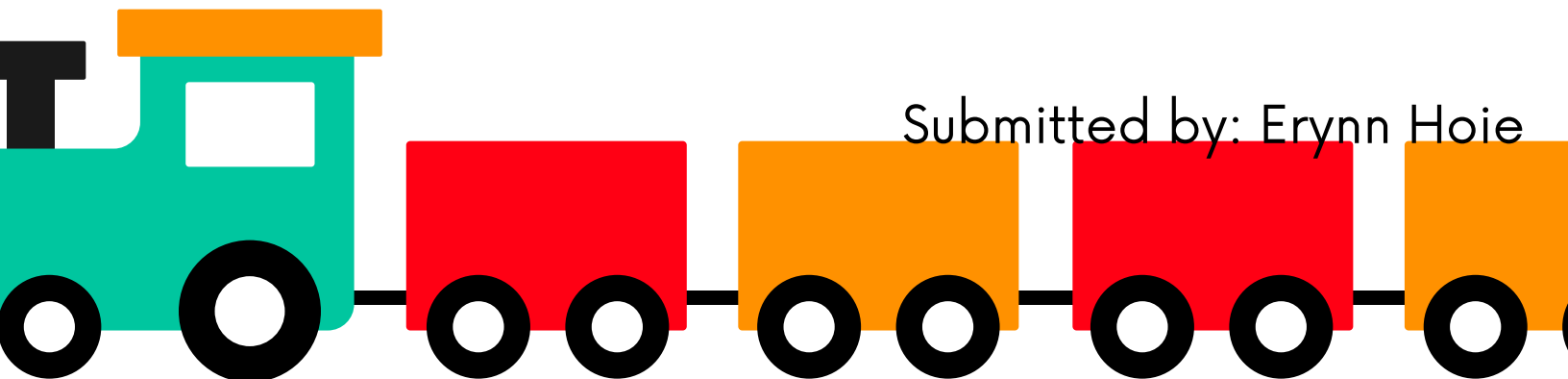
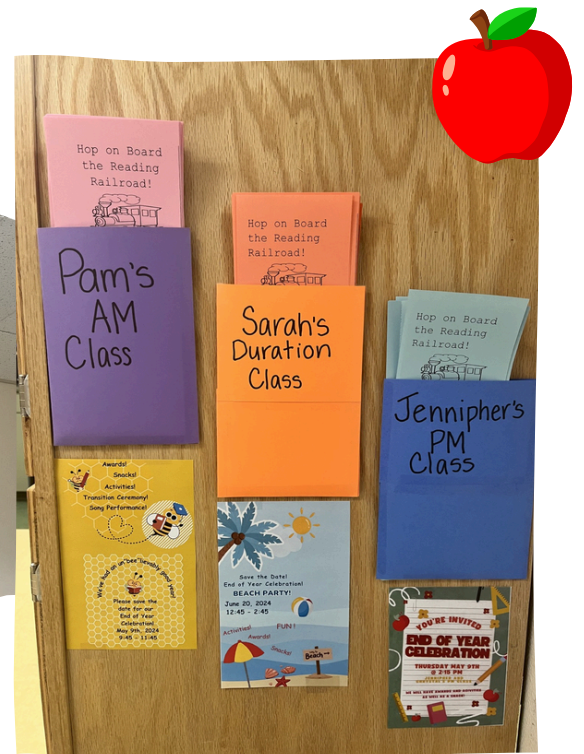
Submitted by:
Denise Pederson



Creativity at Central Point



Central Point FA Kami Sussman is so creative!
The reading train competition and the EOY
cards for families, nicely done Kami!!!



Submitted by: Erynn Hoie

EXCITING NEWS AT PHOENIX!

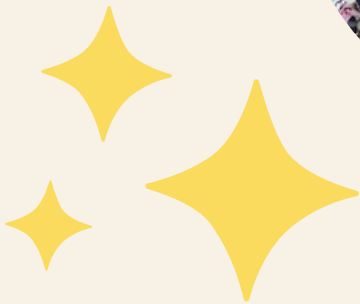
Congratulations to Rowan who is going to be having a little boy in June. The team threw her an impromptu baby shower and she was super surprised. We will miss her while she is out on leave. Best of luck Rowan we wish you a safe delivery and happy, healthy baby boy.



EXCITING NEWS AT PHOENIX!

We also had some exciting news as Tawan accomplished a big life accomplishment. The team put a little party to help her celebrate her success!!

Way to Go Tawan!!



Congrats to both of you!

Phoenix team Good Juju

Submitted by: Lynda Beamish-White

The background is a light cream color decorated with various colorful elements: a blue starburst in the top left, a pink wavy shape in the top right, a rainbow in the middle left, a teal shape in the bottom left, a blue wavy shape in the bottom right, and a blue shape with a star in the bottom center. Small orange starburst icons are scattered throughout.

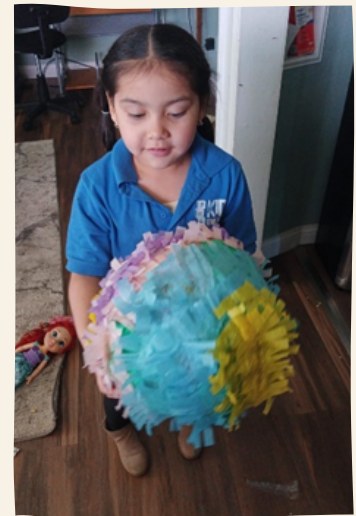
FELIZ
DIA
DEL
NIÑO

Abril 30

Sneak Peek - Listo Families Prepare for Day of the Child April 30, 2024

On the afternoon of April 30, the Listo Program will be celebrating El Día de del Niño or Children's Day with our participating families. Our theme for our event will be Fiesta Mexicana and everyone is encouraged to dress festively as we celebrate children.

Staff and family have been busily preparing for the event. Even the little ones are involved! As part of a parent and child time together activity, Maestra Fabiola's Preschool and Kinder kids are creating their own piñatas for our celebration. Here is a sneak-preview of their excellent work! Check in next week for event photos!



A Brief History of Mexico's Observance of El Día del Niño - Children's Day:

The last day of April every year marks a special occasion all across Mexico. El Día del Niño or Children's Day, a national celebration of children and childhood, often surprises visitors with its importance and genuine warmth. Family and children in particular are highly valued in Mexican culture, and this is reflected in the significance of the day.

While the United Nations has recommended every country set aside a day to celebrate children each year since 1954 (resolution 836(IX), Mexico had already been celebrating its own Children's Day for almost 30 years by that point. In 1924 then President Alvaro Obregon signed the now defunct League of Nations' Declaration of the Rights of the Child. The signing's anniversary the following year was on April 30th 1925 and this became the first annual nationwide Día del Niño. The history of setting aside a day to celebrate children in Mexico can be traced back even further, with some cities, such as Tantoyuca in Veracruz, holding local festivities on various dates including May the 8th.

<https://naatikmexico.org/blog/el-da-del-nio-childrens-day>

April 30th
is
NATIONAL
PREPARE-ATHON!
DAY





Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food, water and supplies for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container
- Cash and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies, personal hygiene items and hand sanitizer
- Mess kits, Paper cups, plates and disposable utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children



Ready

Prepare. Plan. Stay Informed.®



Emergency Supply List



FEMA

www.ready.gov



Recommended Items to Include in a Basic Emergency Supply Kit:

- Water and non-perishable food for several days
- Extra cell phone battery or charger
- Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Non-sparking wrench or pliers to turn off utilities
- Can opener (if kit contains canned food)
- Local maps

FEMA's Ready Campaign

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.



Ready



FEMA

Federal Emergency Management Agency
Washington, DC 20472



Artículos adicionales que debe agregar a un Kit de Emergencias:

- Medicamentos y lentes recetados
- Fórmula infantil y pañales
- Alimentos, agua y suministros para su mascota
- Documentos familiares importantes, como copias de pólizas de seguro, identificaciones personales y registros de cuentas bancarias, en un recipiente impermeable portátil
- Dinero en efectivo y monedas
- Materiales de referencia para emergencias, como un manual sobre primeros auxilios o información de www.Listo.gov
- Saco de dormir o manta abrigada para cada persona. Considere incluir ropa de cama adicional si vive en un clima frío.
- Muda completa de ropa, incluyendo una camisa de manga larga, pantalones largos y zapatos resistentes. Considere incluir ropa adicional si vive en un clima frío.
- Extintor de incendios
- Fósforos en un recipiente impermeable
- Artículos femeninos y de higiene personal, desinfectante para manos
- Kit de comedor, vasos y platos de papel, utensilios desechables y papel toalla
- Papel y lápiz
- Libros, juegos, rompecabezas u otras actividades para niños


Listo.



Lista de Suministros de Emergencias



FEMA

www.Listo.gov



Artículos que se recomienda incluir en un kit básico de suministros de emergencias:

- Agua y alimentos no perecederos para varios días
- Baterías adicionales para teléfono celular o cargador
- Un radio de baterías o con manivela, que pueda recibir alertas con tono de NOAA y baterías adicionales
- Linterna y baterías adicionales
- Kit de primeros auxilios
- Silbato para pedir ayuda
- Mascarilla antipolvo, para ayudar a filtrar el aire contaminado, cubierta de plástico y cinta adhesiva para refugiarse en el lugar.
- Toallitas húmedas, bolsas de basura y amarres de plástico para higiene personal
- Llave o alicata que no produzca chispas para desactivar los servicios públicos
- Abrelatas (si el kit contiene alimentos enlatados)
- Mapas locales

La campaña Listo de FEMA

educa y capacita a los estadounidenses para tomar medidas de preparación y responder a posibles emergencias, incluyendo peligros naturales y desastres causados por el hombre. La campaña Listo pide a las personas que hagan tres cosas clave: obtener un kit de suministros de emergencia, hacer un plan de emergencia familiar y estar informado sobre los diferentes tipos de emergencias que pueden ocurrir y las respuestas correspondientes. Todas las personas deben tener algunos suministros básicos disponibles para sobrevivir varios días si ocurre una emergencia. Esta lista de artículos del kit de suministros de emergencia es solo un punto de partida. Es importante que las personas revisen esta lista y consideren las necesidades únicas de su familia, incluyendo las mascotas, para decidir cuáles artículos incluir. Las personas también deben considerar tener por lo menos dos kits de suministros de emergencia, un kit completo en el hogar y kits portátiles más pequeños en su lugar de trabajo, vehículo u otros lugares donde pasan tiempo. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.


Listo.



Agencia Federal para el Manejo de Emergencias
Washington, DC 20472

Esta información se obtuvo de:

https://community.fema.gov/PreparednessCommunity/s/?language=en_US



MAY
**ASIAN
AMERICAN**
**AND PACIFIC
ISLANDER**
HERITAGE MONTH

IN 1992, CONGRESS ESTABLISHED MAY AS ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH TO COINCIDE WITH TWO KEY MILESTONES: THE ARRIVAL OF THE NATION'S FIRST JAPANESE IMMIGRANTS (MAY 7, 1843) AND CHINESE WORKERS' PIVOTAL ROLE IN BUILDING THE TRANSCONTINENTAL RAILROAD (COMPLETED MAY 10, 1869). THE MOVE EXPANDED WHAT HAD BEEN ASIAN/PACIFIC AMERICAN HERITAGE WEEK SINCE 1978. IN 2021, A PRESIDENTIAL PROCLAMATION EXPANDED THIS TO INCLUDE NATIVE HAWAIIANS.

Information was derived from:

<https://www.census.gov/newsroom/facts-for-features/2024/asian-american-pacific-islander.html>



The month of May is

Jewish American Heritage Month

Jewish American Heritage Month (JAHM) each May is a celebration of the contributions and experiences of Jewish Americans and highlights how America's Jewish communities have shaped and been shaped by the cultural, social, and economic fabric of the United States.



MAY IS

**MENTAL HEALTH
AWARENESS
MONTH**



Your Mental Health Matters

Get tips and resources from NIMH to take care of your mental health.



National Institute
of Mental Health

nimh.nih.gov/mymentalhealth

Aloha!

National Interpreter Appreciation Day!

First Wednesday in May

Ciao!

Hello!

Kon'nichiwa!

¡Hola!

Bonjour!

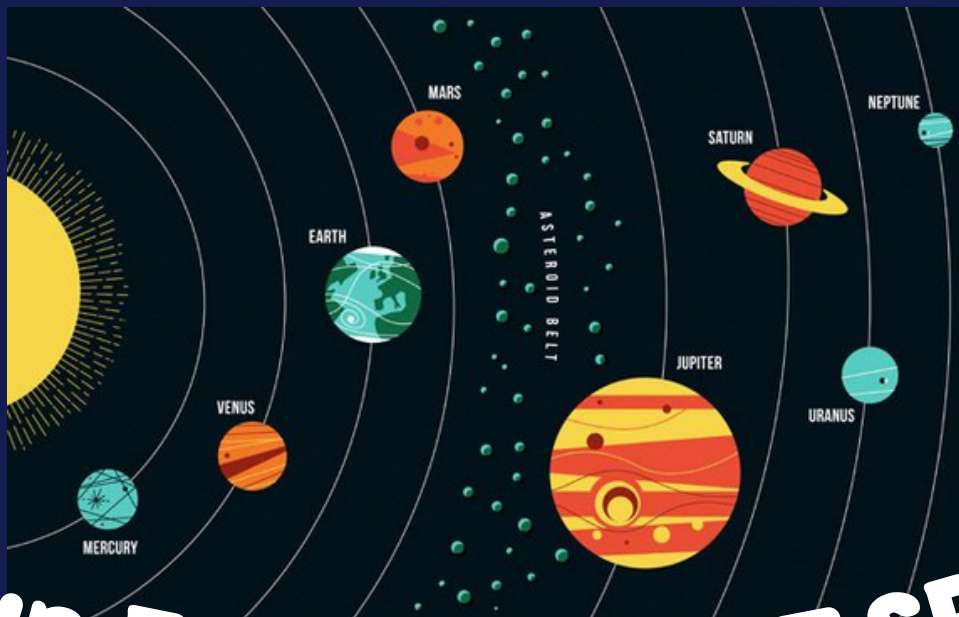




National Space Day!

First Friday
in May

Stay curious!



10 Fun FACTS ABOUT SPACE

1) One million Earths could fit inside the Sun - and the Sun is considered an average-size star.

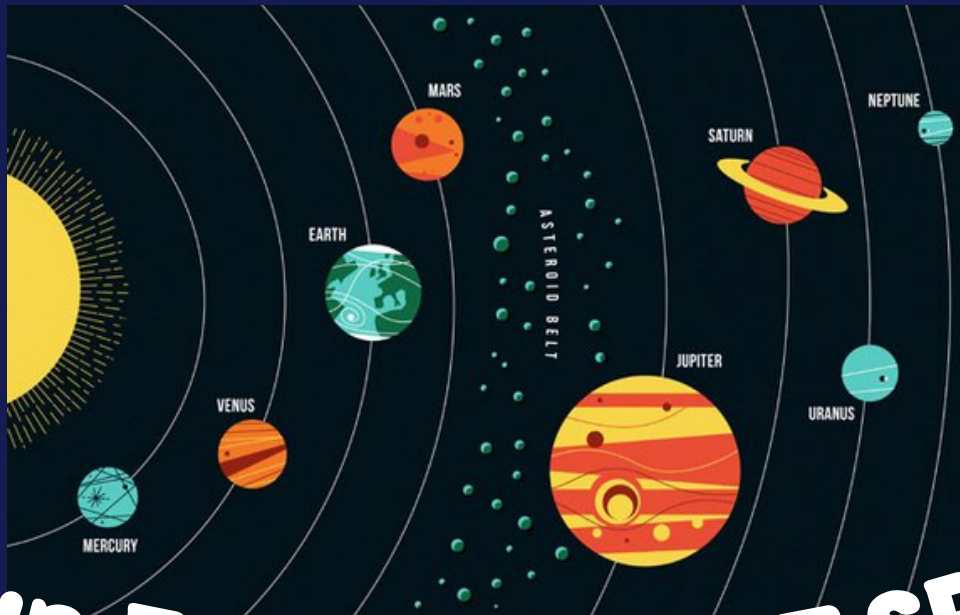
2) For years it was believed that Earth was the only planet in our solar system with liquid water. More recently, NASA revealed its strongest evidence yet that there is intermittent running water on Mars, too!

3) Comets are leftovers from the creation of our solar system about 4.5 billion years ago - they consist of sand, ice and carbon dioxide.

4) You wouldn't be able to walk on Jupiter, Saturn, Uranus or Neptune because they have no solid surface!

5) If you could fly a plane to Pluto, the trip would take more than 800 years!

6) Space junk is any human-made object orbiting Earth that no longer serves a useful purpose. Scientists estimate there are about 500,000 pieces of space junk today, including fragments from rockets and satellites, and everyday items like spanners dropped during construction of the International Space Station!



10 Fun FACTS ABOUT SPACE

7) An asteroid about the size of a car enters Earth's atmosphere roughly once a year - but it burns up before it reaches us. Phew!

8) The highest mountain known to man is on an asteroid called Vesta. Measuring a whopping 22km in height, it is three times as tall as Mount Everest!

9) There are more stars in the universe than grains of sand on all the beaches on Earth. That's at least a billion trillion!

10) The sunset on Mars appears blue.

HAPPY
BIRTHDAY!



FELIZ
CUMPLEAÑOS!

MAY 1ST

Maria Alarcon

MAY 3RD

Bryan Rotter
Charity Rich
Haley Rohwer

MAY 4

Suzanne Ray

MAY 7TH

Amy Grimm-Lima

MAY 8TH

Rosalinda De La Cruz

MAY 10TH

Jessie Hendley

MAY 11TH

Kristal Sherman

MAY 12TH

Cecilia Hurt

MAY 13TH

Eunices Ayala Velasco

MAY 17TH

Amber Gregory

MAY 18TH

Stephanny Dodge

MAY 19TH

Jessica Wycoff

MAY 20TH

Bobbie Bergren
Jolie Ellis
Katrina Hurlbut
Randee Chenoweth

MAY 23RD

Cathy Peterson
Rene Parsons
Traci Briggs

MAY 24TH

Denise Pederson
Norma Montano Garcia
Rocio Tellez Melchor

MAY 26TH

Robin Clevenger

MAY 28TH

Brenda Barker
Keely McCann

MAY 29TH

Josefina Samano
Walaa Al Zein

MAY 30TH

Ana Gabriela Espinosa
Christina Mee
Doris Palmer



HAPPY
ANNIVERSARY!



FELIZ
ANIVERSARIO!

1 YEAR

Amanda Ayala
Andrew Kaufman
Anna Hill
Cesilia Doty
Danielle Atchley
Debra Burdette
Juana Fuentes
Kimberly Hopewell
Nalani Stone
Priscilla Quezada
Rocio Tellez Melchor
Ryan Greco
Shawna Bosman
Stephanie Woods

2 YEARS

Cindy Rockwell
Jennifer McKernan
Mallory Woodall
Marcia Ellison
Melissa Cervantes
Nikelle Rebelo

3 YEARS

Ana Gabriela Espinosa
Claudia Cobb
Jaylyn Ewaldt
Nicole Parker
Sarah Ames

4 YEARS

Karen Brown
Kristal Sherman
Rene Parsons

5 YEARS

Claribel Magana
Jessie Hendley
Robin Sweetser

6 YEARS

Chea Pappas
Eunices Ayala
Glen Briggs
Katrina Hurlbut
Traci Briggs

7 YEARS

Yoana Martinez
Natasha Dauphin

8 YEARS

Ashley Jasper
Lindsey Smaw
Sadiki Lawson

9 YEARS

Deanna Williams

17 YEARS

Beverly Campbell
Sandra Medina

18 YEARS

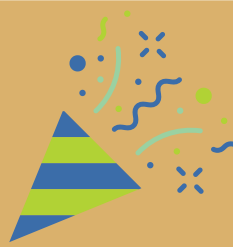
Amber Weathers

20 YEARS

Lisa Settle



PROMOTIONS!



PROMOCIONES!

Amber
Lease

HR MANAGER

Ashley
Jasper

HR GENERALIST -
RECRUITING

Jessica
Lee

HR COORDINATOR

Raquel
Rodriguez

HR ASSISTANT

Stacey
Daniszewski

ERSEA MANAGER

Heather
Grove

Our wonderful HR Generalist-Benefits/HRIS will
now also be doing Leaves & Workers Comp!

WELCOME TO
SOHS!



BIENVENIDOS A
SOHS!

Avery
McCallan

CENTER ASSISTANT

Bailey
Aldrich

HS TEACHER

Brenda
Barker

SERVICE AREA
ASSISTANT - DIS/MH

Brittany
Askelin

FAMILY ADVOCATE

Daniel
Velasco

LISTO BILINGUAL ADULT
ED INSTRUCTOR

Dasha
Matt-Smith

COOK ASSISTANT

Dianna
Sliker

HR DIRECTOR

Haley
Rohwer

EHS TEACHER
ASSISTANT

Hunter
Hoffman

LEARNING &
PROFESSIONAL
DEVELOPMENT
SPECIALIST

Jamie
Smith

CENTER ASSISTANT

Jessica
Knight

CENTER ASSISTANT

Kaitlyn
Davenport

CENTER ASSISTANT

WELCOME TO
SOHS!



BIENVENIDOS A
SOHS!

Kimberly
Kinnan-Bravo

HEALTH
COORDINATOR

Krystal
Berry

HS TEACHER

Maya
Washington

TEACHER ASSISTANT

Randee
Chenoweth

CENTER ASSISTANT

Sandra
Caster

CENTER ASSISTANT

Vanessa
Arroyo

FAMILY ADVOCATE