

# THE WEEKLY MEMO

Program Year 2023-2024  
February 19, 2024 / Volume #22

## OUR AGENCY VALUES

- Transparent Respectful Communication
- Compassionate Inclusivity
- Teamwork
- Integrity & Accountability
- Safe & Responsive Culture

The more you practice  
the art of  
*thankfulness*  
the more you have to be  
thankful for



## OUR MISSION:

Southern Oregon Head Start prepares all children and their families for success in school and throughout life.

## WEEKLY MEMO SUBMISSIONS:

If you would like your submission to be shown in the following issue please submit any pdf's, jpegs, and text to

Angie Salazar ✉ [asalazar@socfc.org](mailto:asalazar@socfc.org)  
by Thursday at 12 p.m.

EDITORS: ANGIE SALAZAR & ASHLEY CLAYTON

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# EHS West Cooking Activity



Our wonderful cook, Alicia Ayala, recently got some hands-on time with our littles here at EHS West when she presented them with a "Sun butter Bears" cooking activity. Each bear was made with a bread body, sun butter fur, blueberry eyes, and banana nose and ears. However, each child was able to customize their bear so some of them had extra eyes and noses 😊

When I asked Alicia how the activity went, she said both classes did really well, but surprisingly the babies paid closer attention than the toddlers did! 😂

Submitted by: Heather Kent



# EHS West Cooking Activity







THE CENTRAL POINT TEAM BONDING ON

# National Pizza Day!



SUBMITTED BY:  
CAROLYN NELSON



# Sensory Walk at Rogue River

A GREAT WAY TO USE A  
SENSORY WALK IN THE  
CLASSROOM TO MAKE THE  
TRANSITION TIME FUN!



SUBMITTED BY:  
MARLINDA LUCAS





# Nature Snaps

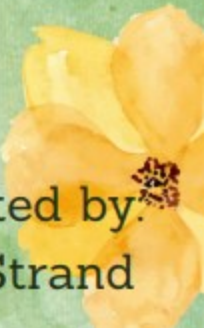


"I'm an avid hiker, Geocacher and enjoy photography and decided to spend my birthday hiking over by Upper Table Rock. It was a beautiful day and I figured I'd share my adventure with you folks!"

~ Casey Strand



Submitted by:  
Casey Strand







# Nature Snaps





# ABC IYT Family Day

We had a family day for our infant young toddler classes. We played with tissue paper, made playdough, talked about I Love You Rituals, and had fruit parfaits and muffins.



Submitted by: Cindy Hall



# ABC IYT Family Day

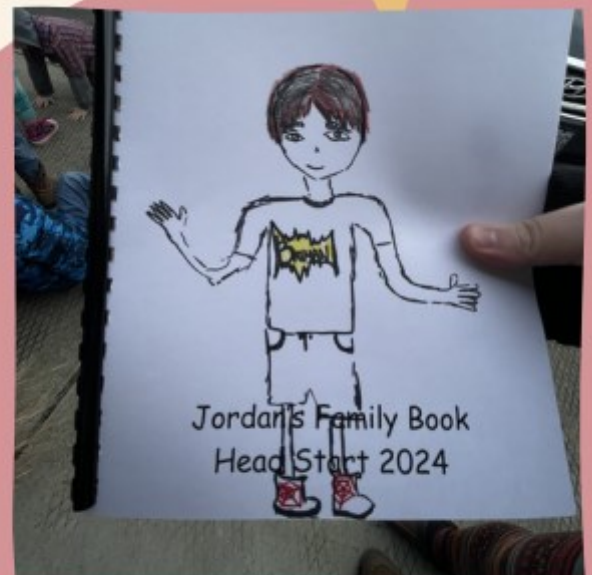




# Central Point's February Family Day

Central Point classes had a fabulous February Family Day, where we ended our animal/pet study with a pet show and tell! Friends told us all about their pets, their names, what they like to do, and what they like to eat! We had some animal related activities and crafts and our friends loved showing their families all the things they love about Head Start! Parents made books to finish with their children and we discussed different family activities to do during the Winter months and how to decrease screen time. In the three classes, we have a total of 51 friends and had a grand total of 54 family members show up!

And a special thank you to Jodi for bringing her tortoises! They were a class favorite!



Submitted by: Kami Sussman



# Central Point's February Family Day





# Central Point's February Family Day





# Central Point's February Family Day





The Family Connection's "Perspectives of Children's Behavior" series is starting again Feb 19th. If you missed out last time or missed some sessions, join us!

**RSVP for a reminder email: [tinyurl.com/3kv276vb](https://tinyurl.com/3kv276vb)**

3rd Monday of each Month

6pm-8pm on Zoom

Zoom Meeting ID: 873 0776 2734

Passcode: 156473

Feb 19- Core principles for a general audience.

Mar 18- Behavioral issues in the family, including blended/co-parents

April 15- Neurodiverse populations – Autism, ADHD, Tourette's, etc.

May 20- Childhood trauma, foster parenting, adoption – behavioral issues in kids who have been through a lot.

June 17- Behavioral issues in the classroom.



*The Family Connection is proud to present a monthly workshop:*

# *perspectives of children's behavior*

Every 3rd Monday of each month  
6:00pm - 8:00pm on ZOOM

**RSVP: [tinyurl.com/3kv276vb](https://tinyurl.com/3kv276vb)**

[The Family Connection  
thefamilyconnect.org](https://www.thefamilyconnect.org)

[#FreeParentingWorkshop](https://twitter.com/FreeParentingWorkshop)



# Shout Out

Shout out to all of the staff who worked hard to bring parenting education to our Head Start/Early Head Start families and those in the community!

Thank you to Lindsey Smaw, Alicia Harrington & Sarah Houston for facilitating our Josephine County series, and thank you to Andy Kaufman, Mallori Woodall & Gaby Becraft for facilitating our Jackson County series! Thank you for going above and beyond to provide parenting education to those in our community.

A big shout out to Karen Brown, Sarah Ames, Winter Hammersmith, Rachel Reel, and Maggie Friar for providing childcare- which is essential for making these classes successful!

And a last, but equally as big, THANK YOU to The Family Connection: Bethanee Grace and Diana Bennington for working so hard to organize the facilities, curriculum, meals, and much more to make these classes run flawlessly.

**Submitted by: Shandi Phelps**



# Shout Out



Submitted by: Shandi Phelps





Happy

*President's Day*

February 19th, 2024





Happy National  
**Love Your  
Pet Day**

February 20

Give your pet a little extra  
love today! 