


Required Breakfast Components 3-5 year olds are to have 3 components: Fruit or Vegetable: ½ cup Bread/Bread alternate: ½ slice or ½ oz. Fluid Milk: ¾ cup NOTE: A Meat/Meat alternate may be used to meet the entire grains no more than 3x a week.		PM BREAKFAST MENU Washington Orchard Hill MAY 2018		Remember the Breakfast Condiments! Butter or margarine, fruit spread, honey (no honey if child is under 1 year old) cream cheese, light syrup, ketchup, salsa, hot sauce.	
Monday	Tuesday	Wednesday	Thursday	Friday	
	1 W/G Goldfish Crackers Mixed Fruit Milk/Soy	2 Pretzels Banana Milk/Soy	3 Blueberry Bagel w/Cream Cheese Oranges Milk/Soy	4	
7 Cheerios Cereal Peaches Milk/Soy	8 Pirate's Booty Baked Rice & Corn Puffs Mixed Fruit Milk/Soy	9 Yogurt Cups w/Cheerios Banana Milk/Soy	10 W/G Goldfish Crackers Oranges Milk/Soy	11	
14 Cheerios Cereal Peaches Milk/Soy	15 Mini Bagels W/Cream Cheese Mixed Fruit Milk/Soy	16 Pretzels Banana Milk/Soy	17 Yogurt Parfait w/ Cheerios Oranges Milk/Soy	18	
21 Cheerios Cereal Peaches Milk/Soy	22 Pirate's Booty Baked Rice & Corn Puffs Mixed Fruit Milk/Soy	23 Pretzels Banana Milk/Soy	24 W/G Bagel w/Cream Cheese Oranges Milk/Soy	25	
28  HOLIDAY	29 W/G Goldfish Crackers Mixed Fruit Milk/Soy	30 Pretzels Banana Milk/Soy	31 W/G Goldfish Crackers Oranges Milk/Soy	June 1	

SOFC is an equal opportunity provider. Menus are subject to change.
Soy Milk is only served with a substitute request form or medical statement on file.

For ages 12-23 months" All milk served is whole unflavored milk"

For ages 2-5 "All milk served is 1%/non-fat unflavored milk"