



THE WEEKLY MEMO

2020-2021, Issue #56 - August 29, 2021- Editors: Ashley Clayton & Maria Arroyo

Mission Statement

Southern Oregon Head Start prepares all children and their families for success in school and throughout life.



The Family Connection

our regional Parenting hub,
has different classes
available for families
this fall.

Check out the complete list on page 5.



preregister for Fall Parenting Programs
thefamilyconnect.org/families-parents

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Meetings and Trainings

August 30—Monday

- 10:00-11:30 ED department Meeting, TEAMS

September 6—Monday



August 31—Tuesday

- 9:00-11:00 Directors' Mtg, Blue Conf Rm

September 7—Tuesday

- 9:00-11:00 Directors' Mtg, Blue Conf Rm
- 1:30-2:30 PC Executive Cmte Mtg, TEAMS

September 1—Wednesday

- 9:00-10:30 Department Directors' Mtg, Blue Conf Rm
- 3:00-4:30 Head Teacher Cohort, Virtual

September 8—Wednesday

- 1:30-2:30 PC Executive Cmte Mtg, TEAMS
- 5:00-6:00 Board Executive Cmte Mtg, TEAMS

September 2—Thursday

- 9:00-12:00 PFCE Department Mtg, TEAMS

September 9—Thursday

- 9:00-12:00 PFCE Department Mtg, TEAMS
- 1:00-2:30 Dare to Lead Mtg, TEAMS

September 3—Friday

- 8:00-10:00 Education Planning
- 10:00-11:30 Center Meetings

September 10—Friday

- 8:00-10:00 Education Planning
- 1:15-3:00 JoCo Safety Cmte Meeting, Parkview small conference Rm
- 1:30-3:30 LMC Meeting

Weekly Memo Submissions

Please send your PDFs, jpegs, and text to Maria Arroyo by Wednesdays @ 12 pm.

Message from SOFCFC Executive Director

Welcome back to the 2021-2022 program year!

As we venture into this school year I want to begin by thanking each and every one of you for your continued partnership and support as we navigate each new challenge presented by this pandemic. I would like you to look at our agency values as we move forward and remember how important they are, they are more important today than they were yesterday. Be kind, show compassion, respect each other and lend a helping hand when needed, step up and be brave as we open our doors and welcome all of the children and families back into our classrooms. You all do amazing work every day, be proud of who you are and what you do!

Kat

- ◆ Teamwork
- ◆ Transparent Respectful Communication
- ◆ Integrity/Accountability
- ◆ Safe and Responsive Culture
- ◆ Compassionate Inclusivity

¡Bienvenidos al año escolar 2021-2022!

A medida que nos aventuramos en este año escolar, quiero comenzar agradeciendo a todos y cada uno de ustedes por su continua colaboración y apoyo mientras navegamos por cada nuevo desafío que presenta esta pandemia. Me gustaría que se refieran a los valores de nuestra agencia a medida que avanzamos y recuerden lo importantes que son, son más importantes hoy que ayer. Sean amables, muestren compasión, respétense unos a otros y ayuden cuando sea necesario, den un paso adelante y sean valientes cuando abramos nuestras puertas y demos la bienvenida a todos los niños y familias a nuestras aulas. Todos ustedes hacen un trabajo increíble cada día, ¡estén orgullosos de lo que son y de lo que hacen!

Kat

- ◆ Trabajo en equipo
- ◆ Comunicación Respetuosa y Transparente
- ◆ Integridad/Responsabilidad
- ◆ Cultura Segura y Responsiva
- ◆ Inclusión compasiva

PRE-SERVICE

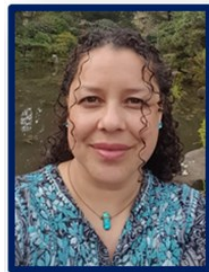
Zoro the Drummer



One of our guest speakers was Zoro. He shared with us his inspiring story. From the admiration and love he felt for his mother, growing up in Compton and then moving to Grants Pass, to meeting Michael Jackson and the Jackson 5, and then playing with Stevie Wonder and Lenny Kravitz. He also shared the challenges he faced growing up, and the importance of having a champion (his mother) by his side, and the support from his siblings and programs such as Head Start. He stated that Head start, and many other program helped his family overcome many challenges. He is grateful that Head Start played a role in his life, and wanted to encouraged us to keep doing what we are doing.

He also spoke about the positive influence that his mother had on him, and how she influenced his love for scarfs with her elegance. He described his story like: **“The unbreakable bond between a mother and a son.”**

Gilda Montenegro-Fix

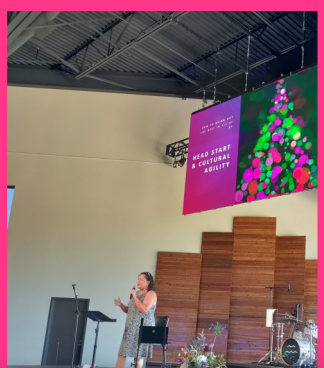
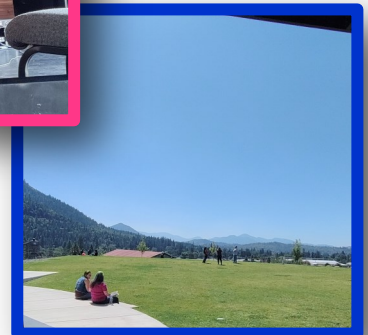


Gilda Montenegro-Fix is a Costa Rican woman, mother, wife, adventurous world traveler and global citizen. She represented her country in two Olympic Games (Barcelona '92 and Atlanta '96), in the sport of whitewater slalom kayak, being the only woman from all Latin America to compete in this discipline. This Olympic experience was the culmination of 10 years of outdoor leadership work.—Gilda shared how challenging this experience was and how she dealt with it.

Gilda studied Psychology at the University of Costa Rica, she worked as a bilingual/bicultural family advocate with multicultural low-income families for 10 years in Hawaii and Oregon, and later became a certified trainer in **Cultural Competency**. Ms. Montenegro-Fix is the founder and senior consultant of Celebrate Diversity! a Cultural Agility consulting and training company. Having worked in early childhood education, family support services, cross cultural communication and Equity, Diversity and Inclusion, **she is passionate about facilitating understanding, cultivating harmony and building bridges that connect us all.**

PRE-SERVICE

The Edge Water Church had two big window panels. They kept the panels open the entire time, allowing us to have the beautiful mountains in the background. Inside the church we had to wear masks, but outside we could take them off. Even though we were wearing masks, we still smiled for the pictures.



Pre-register: <https://thefamilyconnect.org/families-parents/>

Please click on the title of the program to see more about it and find a printable flyer for your classroom and parents.

Crianza de los Hijos Ahora©

(para padres de habla hispana con niños de 0 a 6 años)

7 sesiones de dos horas en ZOOM

30 de septiembre – 11 de noviembre, 2021

Jueves 6-8pm

RSVP: tinyurl.com/claseparapadres

Este es un programa de crianza basado en la evidencia de 7 sesiones para padres de niños de 0 a 6 años que se enseña en español. Gane una caja de diversión familiar con su asistencia. ¡Únase a nosotros para aprender disciplina positiva, reglas y rutinas apropiadas, comunicación familiar y más! La crianza de los hijos es una habilidad aprendida... ¡Ven a aprender a ser el mejor padre que puedes ser!

Start Strong: Conscious Discipline©

5 two-hour sessions on ZOOM

(for parents of children ages 0-3)

October 25 – November 15, 2021

Mondays 6-8pm

RSVP: tinyurl.com/6my9hync

Start Strong: Conscious Discipline© is an evidence-based parenting program for parents of children ages 0-3 that teaches Social-Emotional Learning Foundations and Resiliency in Infants, Toddlers and Pre-schoolers.

Boot Camp For New Dads©

Boot Camp for New Dads© (aka Daddy Boot Camp©) is a unique father-to-father, community-based workshop that inspires and equips men of different economic levels, ages and cultures to become confidently engaged with their infants, support their partners and personally navigate their transformation into dads.

2nd Saturday of each month

9am – 12pm on ZOOM

RSVP: gpbootcampfornewdads.com

Active Parenting© Father's Edition

6 two-hour sessions on ZOOM

(for fathers of children ages 5-12)

October 5 – November 9, 2021

Tuesdays 6-8pm

RSVP: tinyurl.com/TFCdads

This evidence-based parenting program teaches parents of kids ages 5 to 12 to raise responsible, cooperative children who are able to resist negative peer pressure and thrive. An emphasis on child development and parenting skills, such as emotion training, parenting values, and positive discipline make this a popular program. This special "Father's Edition" version includes some of the most popular exercises from Nurturing Fathers© which is also an evidence-based parenting program. This is a program for Father-Figures only.

Active Parenting of Teens: Families in Action©

6 two-hour sessions on ZOOM

(for teens ages 11-16 and their parents)

October 11 – November 18, 2021

Tuesdays & Thursdays 6-8pm

*Teens will meet Tuesdays, Parents will meet Thursdays.

RSVP: tinyurl.com/TFCparentingyourteen

There's no denying it. Parents and teens are often at odds—but it doesn't have to be that way. When parents and teens learn together, they will have a common language and skills for a smoother ride through adolescence. This evidence-based parenting program gives families critical tools for the challenging teen years: communication, conflict resolution, encouragement, and more. Plus, powerful information about preventing problems with drugs, alcohol, sex, and violence. Combining entertaining video, group discussion, and activities, the program will teach both teens and parents how to: communicate without fighting, work through power struggles, understand each other's goals, avoid the scary risks of adolescence (including drugs, alcohol, sex and violence) and enjoy the wonderful journey to adulthood—together!

Please invite Head Start and Early Head Start families to these free programs that will help families. We know that teachers work really hard in classrooms to teach routines and manage behaviors... wouldn't it be amazing if parents were doing all the same classroom supports at home? We're here to help bridge that gap! All families receive "Family Fun Boxes" filled with goodies as an incentive.

Best,

Diana Bennington

8/29/21

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HAPPY BIRTHDAY

Isabella	Passante	1-Sep
Arely	Diaz	1-Sep
Amaris N	Almaraz	2-Sep
Angela M	Lutman	5-Sep
Christopher Alan	Wisely	5-Sep
Denecia	Ferrell	7-Sep
Valerie	Banek	8-Sep
Raquel	Rodriguez Arrezola	9-Sep
Tatiyanna	Moore	9-Sep
Chere T	Davis	10-Sep
Anel	Ramirez-Flores	10-Sep
Shelbey L	Jasper	11-Sep
Kyleah J	Childers	11-Sep
Bonnie R	Medina	11-Sep
Sherri L	Ladd	12-Sep
Nicole L	Temple	12-Sep
Rosemary A	Clifton	14-Sep
Christina A	Fredriksen	14-Sep
Mildred L	Desruisseaux	15-Sep
Elie	Krische	15-Sep
Nancy	Tidwell	15-Sep
Theresa	Day	16-Sep
Abby E	Clayton	17-Sep
Kayla M	Bradley	17-Sep
Dixie M	Ramsay	17-Sep
Brittany K	Branum	19-Sep
Sarah	Emerson	20-Sep
Karyn K	Cottone	21-Sep
Kailee A	Hiljus	21-Sep
Nichole M	Thomas	22-Sep
Margarita	Leon Mondragon	22-Sep
Krista M	Huber	22-Sep
James D	Allen	23-Sep
Emilee	Leeper	24-Sep
Maria G	Liberto	26-Sep
Diana K	Bordner	28-Sep
Karen A	Wheatley	28-Sep
Sandra	Medina Alvarez	29-Sep
Sandy A	Torres	29-Sep
Laura	Rogers	29-Sep
Kacey	Calhoun	30-Sep
Glenda R	Tyler	30-Sep

Anniversaries

Thank you for your hard work!

Dixie M	Ramsay	9/23/2020	1	Years
Walaa	Al Zein	9/17/2019	2	Years
Gina M	Bouck	9/23/2019	2	Years
Tiffany A	Heller	9/9/2019	2	Years
Mia	Hynes	9/17/2019	2	Years
Kimberly R	Jenshus	9/19/2019	2	Years
Donna D	Parker	9/24/2019	2	Years
Catherine	Rydell	9/18/2019	2	Years
Lisa	Wagner	9/24/2019	2	Years
Jacquelin	Carrillo Mendoza	9/12/2018	3	Years
Shelbey L	Jasper	9/19/2018	3	Years
Mayumi	Ottman	9/26/2018	3	Years
Isabella	Passante	9/17/2018	3	Years
Yolanda	Sapiens	9/24/2018	3	Years
Carole	Yule	9/17/2018	3	Years

Anniversaries

Thank you for your hard work!

Joyce A	Borden	9/11/2017	4	Years
Cindy L	Jensen	9/11/2017	4	Years
Anna M	Jordan	9/5/2017	4	Years
Kailyn G	McCaw	9/5/2017	4	Years
Jennifer A	Mierkey	9/5/2017	4	Years
Trish S	Perrigo	9/5/2017	4	Years
Rebecca C	Robinson	9/5/2017	4	Years
Jennifer J	Spark	9/21/2017	4	Years
Denise L	Burke	9/19/2016	5	Years
Cory A	Haney	9/6/2016	5	Years
Veronica L	King	9/1/2016	5	Years
Denise M	Pederson	9/26/2016	5	Years
Gulper	Collier	9/18/2015	6	Years
Jonnie D	Cox	9/1/2015	6	Years
Margaret R	Friar	9/14/2015	6	Years
Laura	Lakavage	9/8/2015	6	Years
Amanda N	Ward	9/14/2015	6	Years

Anniversaries

Thank you for your hard work!

Daniela	Regla	9/18/2014	7	Years
Renea A	Walker	9/11/2014	7	Years
Ashley	Clayton	9/3/2013	8	Years
Ian	Larson	9/24/2012	9	Years
Jessica	Lee	9/5/2012	9	Years
Carolyn S	Nelson	9/4/2009	12	Years
Connie	Sepich	9/14/2009	12	Years
Arcelia Y	Chavez	9/24/2008	13	Years
Susan A	Baker	9/10/2007	14	Years
Sharon L	Fast	9/10/2007	14	Years
Carrie R	Grimes	9/21/2000	21	Years
Elia E	Quirarte	9/14/1998	23	Years
Erynn C	Hoie	9/8/1992	29	Years
Wendy A	Anderson	9/11/1990	31	Years
Faith G	Cox	9/30/1983	38	Years
Judy G	Kuehl	9/14/1979	42	Years