Hygiene-Hand Washing

POLICY/APPROACH:

SOCFC provides opportunities for healthy growth and development including establishing daily routines for each child served. Children will have a daily health check, wash their hands at required times, and brush their teeth daily according to established procedures and with the guidance and support of trained staff. Staff will also follow Medic First Aid training and diapering and toileting procedures as needed for each child.

POLICY COUNCIL APPROVAL 2/18/2014
BOARD APPROVAL 2/20/2014

PROCEDURE:

Hand washing is required whenever hands are soiled and:

1. Immediately upon arrival at the center

2. Before any food related activity, including:
   • entering the kitchen
   • preparing food
   • serving food
   • setting the table
   • before and after eating

3. After:
   • using the bathroom
   • wiping noses

HEAD START PROGRAM PERFORMANCE STANDARDS:
1302.47(6)(i) – Hygiene practices

OREGON STATE OFFICE OF CHILD CARE:
OAR 414-300-0180 (6) Sanitation-hand washing
4. Before tooth brushing, unless immediately after a meal when children are still seated at the meal table.

5. Before and after putting on gloves for diapering. See Diapering Procedure

6. Whenever skin may come in contact with blood or body fluids: See BBP Procedure

7. After administering medications: See Medication Administration Procedure

8. After handling pets or other animals: See Animals and Pets Procedure

How to wash hands:

1. Turn on water to a warm temperature

2. Wet hands thoroughly

3. Using soap from a dispenser, rub hands together vigorously for 20 - 40 seconds

4. Wash ALL hand surfaces – back of hands, wrists, between fingers, under fingernails

5. Rinse hands thoroughly under warm running water

6. Dry hands with single use paper towel

7. Use the paper towel to turn water off

8. Discard paper towel into waste basket

Other:

When running water and soap are not available, cleaning hands with wipes / moist towelettes will be necessary.

Early Head Start may use hand cleaning wipes / moist towelettes to clean a child’s hands prior to tooth brushing if it is not in the best interest of children and toddlers to leave the table to clean their hands with soap and running water.

Commercial products labeled “hand sanitizers” are prohibited from being in centers.