

# WHO CAN EAT AT EARLY HEAD START



## Early Head Start *WILL* Feed:

1. Children enrolled in Early Head Start.
2. Center staff members modeling appropriate meal time behavior at the table.
3. Parents/Guardians of enrolled EHS children when attending EHS groups or classes.

## If there is enough food, Early Head Start *MAY* feed:

Any volunteers who have worked at least 2 hours of time in the center that day. They are expected to eat at the table with the children.

EHS participates in the USDA food program and is on a limited budget. We are not able to feed every person who appears at the center. Meals will be available approximately 30 minutes after serving time. Food left over from the meal that was not sent out to the table may be bagged in portions and EHS parents/guardians may take this home. Keep in mind that safe handling of the food is required in this situation. EHS Cooks will provide you with the safety information you need to prevent illness from leftovers.

