

## **EARLY HEAD START GROWTH ASSESSMENTS**

Children enrolled in Early Head Start will have their growth assessed a minimum of two times per school year.

- The first growth assessment will be completed before October 31<sup>st</sup>.
- The second growth assessment will be completed before March 31<sup>st</sup>.

Early Head Start staff in collaboration with parents will use appropriate measurement tools to measure for weight and the length/height of each child.

**Both the weight and height or length must be measured on the same day to calculate in the GE system accurately.**

Early Head Start Staff will enter the data into the GE system under the Growth Assessment icon.

Specialists and Teachers will review all growth assessment results with parents/guardians.

Children who are determined underweight or overweight according to the GE system will be re-measured by EHS staff a minimum of every other month to monitor for growth changes. Specialists and Teachers will document the assessment review and what resources if any were shared after each new measurement in the GE Case Management section under case notes.

Early Head Start Health and Nutrition Manager will monitor the GE growth assessment data for all enrolled children at least two times per school year.